

# Female Medical History

## Independence Park Medical Services

9500 Independence Drive, Suite 900, Anchorage, Alaska 99507  
 Phone (907) 522-1341 Fax (907) 522-1343

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Date: \_\_\_\_\_

### PERSONAL MEDICAL HISTORY

Have you ever had the following:

YES	NO	
___	___	MIGRAINES
___	___	THYROID PROBLEMS
___	___	ASTHMA
___	___	BREAST DISEASE
___	___	HIGH BLOOD PRESSURE
___	___	BLOOD CLOTS (arms, legs, or lungs)
___	___	STROKE
___	___	ANEMIA OR BLOOD DISEASE
___	___	HIGH BLOOD FAT (cholesterol)
___	___	SICKLE CELL DISEASE
___	___	BLOOD TRANSFUSION
___	___	LIVER DISEASE (hepatitis or mononucleosis)
___	___	KIDNEY OR BLADDER PROBLEMS
___	___	INFECTION OF UTERUS OR FALLOPIAN TUBES
___	___	VAGINAL INFECTIONS
___	___	GENITAL WARTS
___	___	STD (Gonorrhea, Syphilis, Herpes)
___	___	IV DRUG USE
___	___	OVARY PROBLEMS
___	___	DIABETES
___	___	CANCER
___	___	PHYSICAL OR SEXUAL ABUSE
___	___	EMOTIONAL OR PSYCHIATRIC PROBLEMS

### FAMILY HISTORY - parents, grandparents, brothers, or sisters, had any of the following:

YES	NO	
___	___	BREAST OR OVARIAN CANCER
___	___	OTHER CANCERS (type _____)
___	___	DIABETES
___	___	HEART ATTACK OR STROKE
___	___	HIGH BLOOD PRESSURE
___	___	HIGH CHOLESTEROL

### MENSTRUAL AND PAP HISTORY

1<sup>ST</sup> DATE OF LAST NORMAL PERIOD: \_\_\_\_\_  
 NUMBER OF WEEKS BETWEEN PERIODS: \_\_\_\_\_  
 HOW MANY DAYS DO YOU FLOW? \_\_\_\_\_  
 DATE OF LAST PAP SMEAR \_\_\_\_\_  
 HAVE YOU EVER HAD AN ABNORMAL PAP SMEAR? If so, when? \_\_\_\_\_  
 CURRENT BIRTH CONTROL METHOD \_\_\_\_\_  
 AGE WHEN PERIOD BEGAN \_\_\_\_\_

### PREGNANCY HISTORY

HOW MANY TIMES HAVE YOU BEEN PREGNANT? (including now) \_\_\_\_\_  
 NUMBER OF LIVE BIRTHS \_\_\_\_\_  
 NUMBER OF MISCARRIAGES \_\_\_\_\_  
 NUMBER OF ABORTIONS \_\_\_\_\_  
 PROBLEMS WITH PREGNANCY \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### MEDICATIONS and DOSES

Prescription, Over the Counter, Birth Control, Vitamins and Herbs

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### ALLERGIES - Medications, skin, latex

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### HOSPITALIZATIONS/SURGERIES

(Dates and Reasons)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### HABITS

	YES	NO	AMOUNT
ALCOHOL	___	___	_____
TOBACCO	___	___	_____
RECREATIONAL DRUGS	___	___	_____
CAFFEINE	___	___	_____
EXERCISE	___	___	_____
MORE THAN 5 PARTNERS	___	___	_____
SEXUAL PARTNERS:	M ___	F ___	BOTH ___

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### OTHER SYMPTOMS

Currently: Are you having problems with: (circle)

**General:** fevers / chills/ decreased energy/ weight gain/ weight loss

**Ears, Nose, Throat:** sinus problems/ ringing in the ears/ sore throat

**Cardiovascular:** palpitations/ chest pain/ swelling in legs

**Respiratory:** shortness of breath/ chronic cough/ wheezing

**Gastrointestinal:** diarrhea/ constipation/ heartburn/ rectal bleeding/  
nausea/ vomiting

**Genitourinary:** painful intercourse/ leaking urine/ pain with urination

**Musculoskeletal:** joint pain/ back pain/ muscle weakness

**Emotional:** depression/ anxiety/ emotional changes

**Endocrine:** excessive thirst/ hot spells/ difficulty staying warm

**Hematologic:** excessive bruising/ blood clots in veins

**Other:** \_\_\_\_\_  
\_\_\_\_\_